Following the Home Learning Video: Next steps for families

Next steps:

Making a Plan for the Entire “Working From Home” Family
Supporting My Child when I Am Working
Encouraging Reluctant Learners
Maintaining a Sustainable Balance
Developing Good Learning Habits
Developing My Confidence and Knowledge about Technology
Managing Appropriate Technology Use
Managing Time Effectively
Making a Plan for the Entire “Working From Home” Family

- **COMMUNICATION** and **CLARITY** are key! As much as possible, everyone in your home should know the daily timings and locations for everyone else.

- **Structures for family agreements** ([How to Create Family Rules](#))

- **Communication tool:** visual timetables (individual and family schedules, posted: white boards, flow charts, etc.)

![Building a Schedule That Works for Distance Learning](image)

From: [4 Tips for Setting Up Homeschool for Your Family](#)

**Supporting My Child when I Am Working**

- Breakfast and evening conversations: making sure that your child knows what her day looks like: where she needs to be, what she needs to have with her (materials, etc.), and what she might need to accomplish

- Let your child know when you will be “home” and available to her again; this is a great opportunity to work on time-telling and setting timers/alarms; leave a visual reminder, like a note on your office door, and have your child do the same

- Designate workspaces for each person

- Talk about the most important points of the day for everyone:
  - When will you need a quiet space?
  - When might you be most active or making noise?
  - When will you need the Internet connectivity (bandwidth)?
  - When will you need another person around to help?
  - When will the kitchen be available for getting a snack or drink?
Encouraging Reluctant Learners
- Share your experiences and home-working challenges too!
- Conversation prompts:
  - Thinking about learning at home recently, what learning tasks and moments have been your favorites? What has been easiest for you?
  - What has been something you haven’t wanted to do? Can you think of a time when something went badly?
  - What are some differences we notice between the two?
  - What does success look like for you today?
  - What sort of reward can you give yourself when you’ve been successful?

Maintaining a Sustainable Balance
- Understand how to help each other. Start by thinking about where you need help as a parent. Conversation prompts:
  - What sort of tasks and time(s) of day do you need the most help?
  - Who can help with these tasks?
  - When are they available to help?
- Problem solving/sharing strategies (How to Teach Problem-Solving to Kids)
  - Write or draw, or make a list of problems
  - Make a bubble map of all the problems and see if they have any connections
  - Try not to provide an answer right away, start by working through the problem

Developing Good Learning Habits
- An effective learner is:
  - Organised - charts, notebooks, folders, workspace, routines
  - Reflective - journaling, family diary, identify strengths
  - Motivated - set goals, targets, rewards as incentives
  - Resilient - gratitude journal, mindfulness/breathing activities
    - Building Resilience in Children - 20 Practical, Powerful Strategies (Backed by Science)
  - Curious - Identify areas of interest and connect learning to them
- Parent Engagement: Partners for Student Success

Developing My Confidence and Knowledge about Technology
- Commonsense media and Internet Matters have great resources for parents in search of explanations and guided use of the latest games, movies, and software
- Learn from each other, find mentors.
- Participate in technology activities together (play video games, watch YouTube, use apps, recommend apps, games, videos, following similar social media accounts).
- Ask questions about what they are watching, playing, sharing. Stay involved!
Managing Appropriate Technology Use
- Learn more about screen time by age
- Build an agreement: Each person identifies their own levels of appropriate time and use for different types of technology. See where the differences lie and negotiate a common understanding together
- Family Media Agreement / Family Agreement (open ended) - print it out, post it.

Managing Time Effectively
- Forward planning - set aside some time at the beginning of the week to organise the days/week ahead
- Allocate dedicated family time
- Stay with the routines you establish
- Delegate responsibilities and share the household tasks
- Time Management Tips for Working Parents

Questions, ideas, thoughts you would like to share? Contact:

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https://tinyurl.com/ACSsupportinghomelearning